

FREE SKATE TEST JUVENILE

The candidate must skate the selected elements (jumps, spins and connecting steps) on good edges, with good form, flow, power and preciseness. The candidate must also skate to the music and utilize the ice surface. As specified in rule 6452, the following elements are required:

Jumps elements (5)

One single Axel or double Axel.

Three different single or double jumps.

One two-jump or three-jump combination selected from:

-two singles jumps.

-one single jump and one double jump (in either order).

-two double jumps.

Spins (2)

One spin combination: with at least one change of position and opt.change of foot (minimum 8 revolutions).

One spin in one position: with no change of foot (minimum 5 revolutions).

Steps

One step sequence: must be visible and identifiable and should use almost the full ice surface.

Duration: **2:30 +/-10 seconds.**

For up to every +/-10 sec lacking or in excess: penalty of one point (-1) deduction 6234(A).

For each illegal element/movement: penalty of one point (-1) deduction 6234(B).

Required jumps may be performed as solo jumps, or as part of the permitted jump combinations or sequences, but no jump element may count for more than one of the jump requirements.

One triple jump is permitted, and it fulfills the requirements of a single or double jump.

Both spins may have a flying entry.

Extra elements may be added without penalty.

Two different elements may be reskated, if necessary.