



**Skate Milwaukee 2015  
Announcement  
Wisconsin Figure Skating Club  
July 8 – 12, 2015**

The Skate Milwaukee 2015 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** Secure Online Registration and credit card payment will be available at: [www.wisconsinfsc.org](http://www.wisconsinfsc.org) using Entryeeze.

**Fees**

All fees will be submitted through the online process described above. Any change to the entry form after the June 1, 2015 deadline is subject to a \$25 change fee. Late entries will be accepted only at the discretion of the Chief Referee and WFSC and must be accompanied by a \$25 late fee. Entry fees are not refundable. Fees will be as follows:

- \$150 for any championship events (Intermediate and above)
  - \$115 for the first event entered (Juvenile)
  - \$100 for the first event entered (Pre-Juvenile and below and all Test Track events)
  - \$35 for each additional event
  - \$110 per pair team (Pre-Juvenile – Intermediate)
  - \$150 per pair team (Novice – Senior) Pairs teams should split the fee (50% each).
- The event with the highest cost will be considered your first event and each additional event is \$35.

**REFUND POLICY:** Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available on [www.wisconsinfsc.org](http://www.wisconsinfsc.org).

**FACILITIES:** The competition will be held at the MSOE Kern Center, 1245 N. Broadway Milwaukee, WI 53202, which has one ice surface 200 x 85 feet that will be used throughout the competition and for practice ice. The arena has seating for 1,600 spectators. A concession stand will be open during the competition. Locker rooms are available for use. No admission fees will be charged.

**MUSIC:** Skate Milwaukee will be accepting music only on CDs (no cassettes.) **Due to compatibility and reliability reasons music may NOT be submitted on re-recordable "CD-RW" discs.** Competitors must submit music on a separate CD for each competitive program. CDs with multiple tracks will not be accepted. Lead-in time (time before the music begins) on CDs may not exceed two seconds. CDs must be clearly marked with the skater's name and event.

Competition music must be turned in at the registration desk at the time of registration and will be available for pick-up at the registration desk. Music must be turned in at least 30 minutes prior to the event. Duplicate copies must be readily available during the competitive event. WFSC assumes no responsibility or liability due to lost, damaged, or unclaimed music sources.

**LIABILITY:** U.S. Figure Skating, Wisconsin FSC and MSOE Kern Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:**

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, juvenile – senior
- Short program events, juvenile – senior
- Pairs free skate events, juvenile – senior
- Pairs short program events, intermediate – senior

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary – pre-juvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All specialty singles events (spins, jumps, compulsory moves, etc.)

**REGISTRATION:** Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of the Kern Center. Please register promptly upon arrival.

**PLANNED PROGRAM CONTENT FORMS:** Planned Program Content (PPC) for all IJS events is **required** to be submitted by each skater/pair via Entryeze. **DO NOT USE U.S. Figure Skating Web Site for PPC's.** The deadline for PPC submission is **July 1, 2015.** Failure to submit a PPC will result in **being denied credentials at registration.**

**PRACTICE ICE:** Practice ice sessions will be \$10 for each 20-minute session and may be purchased online at [www.wisconsinfsc.org](http://www.wisconsinfsc.org). The practice ice schedule will be posted by June 22, 2015. If practice ice sessions are still available, they will be sold at the competition for \$15. No refunds will be issued for practice ice sessions, with the exception of those cancelled by Wisconsin FSC.

**AWARDS:** Awards will be presented to all first, second, third, and fourth place finishers in each flight. There will be no final rounds, except the Championship events. Trophies (instead of medals) will be presented to all first, second, and third place finishers in the Championship events.

**OFFICIAL NOTICES:** Posting of schedules and announcements will occur on the official message board located at the rink and shall constitute official notice to competitors, coaches, and officials. Updated information will also be posted on [www.wisconsinfsc.org](http://www.wisconsinfsc.org).

**INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

**If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions.** We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**CONTACT INFO:** If you have questions, please contact

**Competition Chair: Diane Blacher**

**Registrar:**

**Contact Diane Blacher at 414-573-4018**

**Via email at [sblacher@wi.r.com](mailto:sblacher@wi.r.com) or [SkateMilwaukee@wisconsinfsc.org](mailto:SkateMilwaukee@wisconsinfsc.org)**

**Schedule:** A tentative schedule will be posted on the website [www.wisconsinfsc.org](http://www.wisconsinfsc.org) by June 22, 2015 and individual confirmation will be emailed to all registrants.

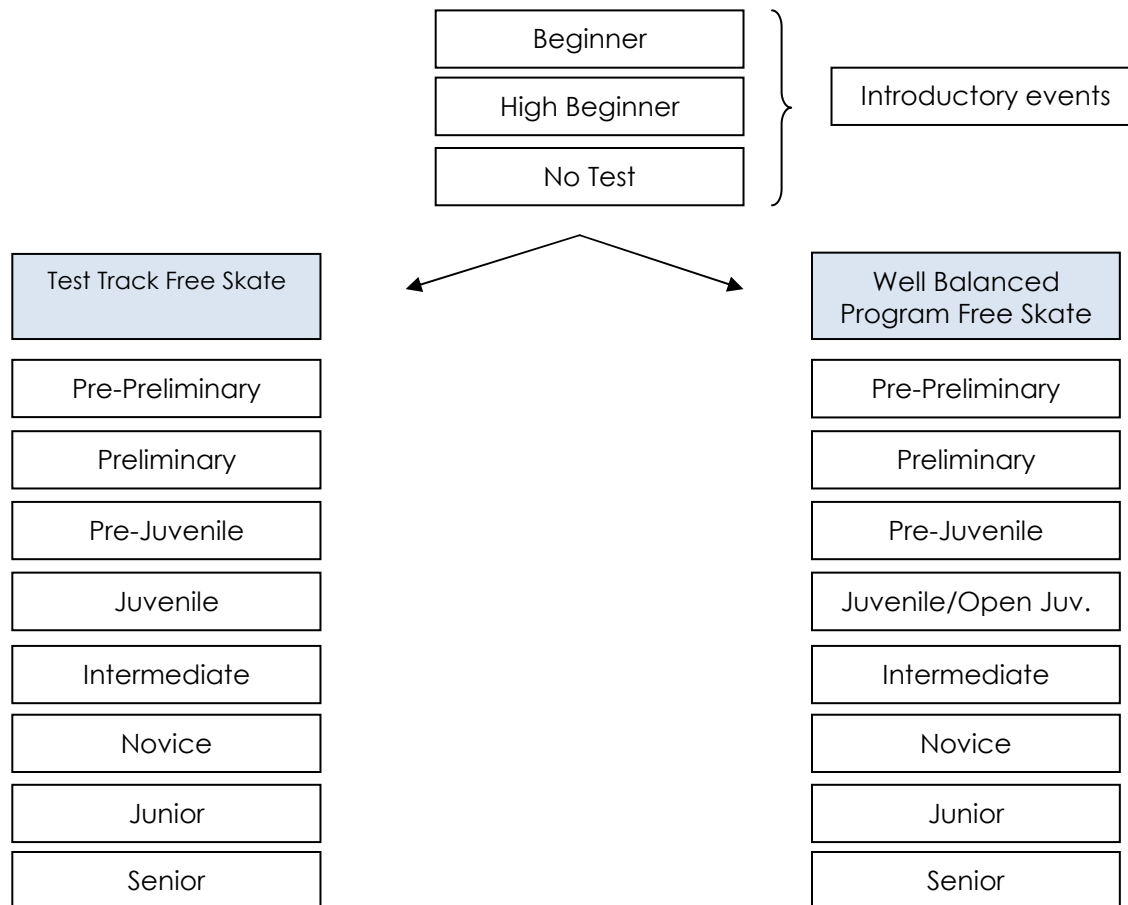
**Hotel:** *If you'd like advice on finding local hotels please contact [Skatemilwaukee@wisconsinfsc.org](mailto:Skatemilwaukee@wisconsinfsc.org) or go to [www.wisconsinfsc.org](http://www.wisconsinfsc.org). After going to the Skate Milwaukee page, click on Hotels.*

## EVENTS OFFERED

### **SINGLES FREE SKATING EVENTS:**

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:



This event is a standard U.S. Figure Skating Non-qualifying Competition



**EVENT: Introductory Levels Free Skate Program**

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 Maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Single jumps, with the exception of the single Axel, are allowed</li> <li>• Maximum of 2 jump combinations or sequences</li> <li>• Jump combinations limited to 2 jumps</li> <li>• Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit)</li> <li>• No single Axels, double jumps or triple jumps</li> </ul>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a fly</li> <li>• Minimum 3 revs.</li> <li>• Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<ul style="list-style-type: none"> <li>• Step sequence*</li> <li>• Must use one-half the ice surface</li> <li>• Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>• Jumps may be included in the step sequence</li> </ul>	

**EVENT: Test Track Free Skate**

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

<p>Juvenile</p> <p>2:15 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li><i>Only solo spin may fly</i></li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:30 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li><i>All spins may fly</i></li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have</p>

	<ul style="list-style-type: none"> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	remarks)	passed tests higher than junior free skate test
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p>	Skaters must have passed at least the U.S. Figure Skating junior free skate test

**EVENT: Well Balanced Program Free Skate**

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted .
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for this event.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org) , under "Technical Information," then "Singles/Pairs"



Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:40 Max	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) Any single jumps, including Axel, allowed.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations are limited to 2 jumps.</li> <li>d) Jump sequences are limited to a max. of 3 single jumps (<math>\frac{1}{2}</math> loop is not considered a single jump.)</li> <li>e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.</li> <li>f) No double or triple jumps.</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) Spins may change feet and/or position.</li> <li>c) Spins may start with a fly.</li> <li>d) Min. of 3 revolutions</li> </ul>	<p>One step sequenced that must use <math>\frac{1}{2}</math> of the ice surface.</p> <p>Moves in the field and spiral sequences are permitted but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p>
Preliminary	1:30 +/- 10 sec.  Vocal music permi tted	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel or waltz-jump.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Jump sequences are limited to a max. of 3 single jumps (<math>\frac{1}{2}</math> loop is not considered a single jump.)</li> <li>e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)</li> <li>f) Axel and chosen double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences, but no axel or double jump may be repeated more than once.</li> <li>g) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded.</li> <li>h) No double flips, double Lutzes, double Axels or triple jumps</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) Spins may change feet and/or position.</li> <li>c) Spins may start with a fly.</li> <li>d) Min. of 3 revolutions</li> </ul>	<p>One step sequenced that must use <math>\frac{1}{2}</math> of the ice surface.</p> <p>Moves in the field and spiral sequences are permitted but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p>

Pre-Juvenile	2:00 +/- 10 sec.	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel or waltz – jump.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Jump sequences are limited to a max. of 3 single or double jumps. ( ½ loop is not considered a single jump at this level.)</li> <li>e) Axel and no more than 3 different double jumps may be repeated as Individual jumps, as part of jump combination or jump sequence. No axel or double jump may be repeated more than once.</li> <li>f) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; with or without change of foot*, may fly.</li> <li>b) 1 spin with only 1 position*, may fly, no change of foot</li> <li>c) Min. 4 revolutions.; 6 revolutions for combo</li> <li>d) Spins must be of a different nature</li> </ul>	<p>One step sequence fully utilizing ice surface.</p> <p>Moves in the field and spiral sequences are permitted but will not be counted as elements</p> <p>Jumps may be included in the step sequence</p>
Juvenile	2:15 +/- 10 sec.	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double jumps may be repeated (1 each), and if repeated, at least one attempt must be part of combination or sequence. Max 2 of same double jump.</li> <li>f) No triple jumps</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; with/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combination</li> <li>e) Min. 2 revolutions in position</li> <li>f) Spins must be of a different nature</li> </ul>	<p>One choreographic step sequence fully utilizing ice surface.</p>
Intermediate	2:30 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) 1 must be an Axel-type jump*</li> <li>b) Max 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; w/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combo</li> <li>e) Min. 2 revolutions. in position</li> <li>f) Spins must be of a</li> </ul>	<p>One choreographic step sequence fully utilizing ice surface.</p>

			different nature	
Novice Ladies	3:00 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 2 jumps that are 2 ½ or 3 revolutions may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of a jump combination or sequence.</li> <li>f) No more than two of the same type or double or triple jump may be attempted</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; w/without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions. for combo</li> <li>f) Min. 2 revolutions. in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	<p>One leveled step sequence Fully utilizing the ice surface</p>
Novice Men	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) One double Axel and two different triple jumps may be repeated, at least one attempt must be part of jump combination or sequence.</li> <li>f) No more than two of the same type of double or triple may be attempted.</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; with or without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions for combo</li> <li>f) Min. 2 revolutions in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	<p>One leveled step sequence Fully utilizing the ice surface.</p>
Junior Ladies	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10</li> </ul>	<p>One leveled step sequence Fully utilizing the ice surface.</p>

		<ul style="list-style-type: none"> <li>e) 2 triples or quads may be repeated, but must be in combo or sequence</li> <li>f) Maximum of any double jump, including double Axels as solo jump or in combo/sequence</li> </ul>	<ul style="list-style-type: none"> <li>e) revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	
Junior Men	4:00 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or sequence</li> <li>f) Maximum of any double jump, including double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Senior Ladies	4:00 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or sequence</li> <li>f) Maximum of any double jump, including double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

		f) Maximum of any double jump, including double Axels as solo jump or in combo/sequence	f) All spins may change feet and start with a fly g) Spins must be of a different nature	
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**SINGLES SHORT PROGRAM**

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile and Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

**COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS**

**Short Program Event:** *The juvenile short program is the only short program skated as a separate event. All other short programs (Intermediate, Novice, Junior & Senior) will be skated as a part of the Championship Events.*

**Championship Events:** The Championship Event offers Intermediate, Novice, Junior, and Senior skaters the opportunity to skate a combined event (both short program and free skate program.) Skaters will skate both segments. Final placements will be determined according to USFSA rules, which will combine results from both the short program and the free skate program. There MAY be final rounds for championship events depending upon the number of entries in each event. The Final Rounds will consist of ONLY the free skate program. There will not be an option to skate the short program and the free skate as separate events.

**INITIAL / FINAL ROUND FOR FREE SKATE EVENTS**

There will be no final rounds, except the Championship events.

**EVENT: Compulsory Events**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules/standards
Beginner	1:15 max.	1. Waltz jump 2. ½ jump of choice 3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral

This event is a standard U.S. Figure Skating Non-qualifying Competition



High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin - minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:00 max.	<ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>

**EVENT: Jumps Challenge**

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
3. Jumps with an “\*” must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. ½ flip or ½ Lutz</li> <li>3. Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. Single Salchow</li> <li>3. Jump combination – waltz jump-toe loop</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single loop</li> <li>3. Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>
		<ol style="list-style-type: none"> <li>1. Single toe loop</li> </ol>

Pre – Preliminary	1:15 max.	2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	5. Single flip 6. Single Lutz 7. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	5. Single Axel 6. Single or double jump 7. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	5. Single Axel 6. Double Salchow 7. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	1. Single Axel 2. Double loop* 3. Jump combination – double/single (no Axel)
Novice	1:15 max.	1. Double loop 2. Double flip* 3. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	1. Choice of double or triple jump 2. Double or triple flip* 3. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	1. Choice of double or triple jump 2. Double or triple Lutz* 3. Jump combination – double/double or triple/double (may be double Axel)

**EVENT: Spins Challenge**

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
High Beginner	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
No-Test	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
Pre –	1:30 max.	4. Upright one-foot spin (3) 5. Upright two-foot spin (3)

Preliminary		6. Sit spin (3)
Preliminary	1:30 max.	8. Backward upright spin (3) 9. Combination spin with no of foot (4) 10. Sit spin (3)
Pre – Juvenile	1:30 max.	8. Camel spin (3) 9. Combination spin – camel to sit spin; no change of foot (6) 10. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	8. Sit spin (4) 9. Combination spin – change of foot; optional change of position (4 per foot) 10. Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	4. Flying camel spin (5) 5. Sit spin to backward sit spin (4 per foot) 6. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	4. Choice of camel, sit or layback spin (6) 5. Camel spin to backward camel spin (4 per foot in position) 6. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	4. Flying sit spin or flying reverse sit spin (6) 5. Ladies – layback spin (6); men – cross-foot spin (6) 6. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	4. Flying spin of choice (6) 5. Solo spin of choice (6) – may not fly 6. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

**EVENT: PAIRS FREE SKATING**

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

Level	Requirements	
Pre-Juvenile	Required elements as stated in Rule #5250	2 min. +/- 10 sec.
Juvenile	Required elements as stated in Rule #5240	2 min. 30 sec. +/- 10 sec.
Intermediate	Required elements as stated in Rule #5230	Short Program 2:30 max Freeskate 3 min. +/- 10 sec.
Novice	Required elements as stated in Rule #5220	Short program 2:50 max. Freeskate 3 min. 30 sec. +/- 10 sec.
Junior	Required elements as stated in Rule #5210	Short program 2:50 max. Freeskate 4 min. +/- 10 sec.

This event is a standard U.S. Figure Skating Non-qualifying Competition





Senior	Required elements as stated in Rule #5200	Short program 2:50 max. Freeskate 4 min. 30 sec. +/- 10 sec.
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**EVENT: Artistic Showcase**

Showcase events are to be skated to music. Vocals are permitted. Programs should be designed specifically to entertain and/or to move the audience emotionally. Props on the ice will not be allowed.

**EVENT LEVELS, AGES, TEST REQUIREMENTS AND PERFORMANCE TIMING**

	Event	Test Requirements / Must have passed free skating test*	Must not have passed Free Skating Test	Age	Time (Min.)
	Beginner, High Beginner, No Test (These levels do not qualify for National Showcase)		Pre-Preliminary	no age restriction	1:30 max
	Pre-Preliminary (This level do not qualify for National Showcase)		Preliminary	No age restriction	1:30 max
	Preliminary	Preliminary	Pre Juvenile	No minimum age Max age 20	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free skate or complete Pre-Bronze Dance	No minimum age Max age 20	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free skate Any Silver Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max

This event is a standard U.S. Figure Skating Non-qualifying Competition



	Novice	Novice Free skate One Silver Dance	Junior Free Skate Any Gold Dance	no age restriction	2:10 max
	Junior	Junior Free skate Two Pre-Gold Dances	Senior Free Skate Complete Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max

*\* All skaters must either compete at their test level or one level above their highest completed test per the above chart. The determination of level will be based upon test requirement at the entry deadline.*

**Notes:**